## Get Ready for your Adventure!

Dear kids and parents,

Only a few weeks left until we head to Holland for our Sailing adventure! This year's **Sports Summer Camp** is all about water and wind. Prepare for six days of fun, making new friends, and exploring the IJsselmeer (the biggest sweet water lake in Holland). We'll set off to Lelystad, Holland, on our adidas bus and spend five days sailing on the IJsselmeer aboard the ship "Grietje". Together, we'll hoist the sails, learn from the captain, help with cooking and experience the teamwork and adventure of life on the water. Our meeting point on Sunday, August 11th, 2024, is at 11:45 am in front of the adidas Gym (between GYM and Laces Parkhaus) with our bus departing promptly at 12:00 pm

Gym (between GYM and Laces Parkhaus), with our bus departing promptly at 12:00 pm. After arriving in Lelystad (630 km....around 8 hours bus ride), we'll head straight to our ship. Following dinner, we'll check into our cabins (3-bed and 4-bed).

The next morning, our sailing adventure on the IJsselmeer begins! We'll explore various harbors, enjoying delicious food, refreshing drinks, fun activities, and fascinating sightseeing. If the sailing and wind conditions are right, we might even visit Amsterdam.

Kim and Rianne, our experienced hosts, will be awaiting us on the Grietje. They are passionate about making every sailing trip special and will guide us throughout our journey. You can learn more about Kim and Rianne and their adventures on the NAUPAR blog <a href="here">here</a>. We'll spend our last night in Lelystad before traveling back by bus on Friday morning, August 16th, 2024, at 9:00 am. Our bus will arrive at the adidas Gym around 5:30 pm.

We will provide updates regarding our arrival time and impressions from the trip in the WhatsApp group.

You can join the group by scanning the QR code below:



## **Packing Tips:**

**Clothing:** Pack for varying weather. Footwear with rubber soles is essential. Bring sun protection, sunglasses, a hat or cap, and a rain or wind jacket.

**Luggage:** Use foldable travel bags, as storage is limited. Leave power-hungry devices at home, but chargers for phones, cameras, and toothbrushes are fine. Don't forget blankets or sleeping bags. Be sure to check out the attached packing checklist for guidance. If you have any questions, feel free to contact us at <a href="mailto:sportcamp@post-sv.de">sportcamp@post-sv.de</a>.

We can't wait for this amazing trip with you! 💥

Best regards and see you soon,

Your Company Sports Team

